



**COMPREHENSIVE
FUNCTIONAL
TRAINING
SOLUTIONS**

TORQUE USA

OUR STORY

Torque was founded in 2005 by a team of experts in the fitness equipment industry whose experience designing and manufacturing award-winning innovative strength training systems for Life Fitness, Hammer Strength, Parobody, and Sports Art stretches back to 1979. By maintaining an efficient and agile business structure, Torque Fitness team members are able to focus on listening to customers and reacting quickly with creative, innovative ideas that differentiate our products with meaningful functions and features.



“Our torque rep was knowledgeable about product, quick with quotes and responses, and provided us a custom solution to fit our club’s needs and wants. The overall experience was outstanding!”

Jessica, Anytime Fitness Owner
Glenwood Springs, CO

WHY TORQUE?



SERVING THE PLANET’S MOST ELITE CLUBS

From Life Fitness, to Anytime Fitness, to a long list of professional athletic teams, we have built numerous long-standing relationships with the world’s most elite fitness facilities. Whether you run a U.S. national chain or a small studio in India, Torque has a proven record of effectively serving clubs everywhere.



ONE VENDOR SOLUTION

Minimize stress, reduce planning, and save time and money by working with just one vendor who can provide you everything you need for Functional Training. Whether you are opening a brand new facility or converting a small racquetball court, our team will take care of you from start to finish.



QUICK LEAD TIMES

We know that meeting deadlines are an imperative part of the club business. That is why we work diligently to get orders out as quickly as possible and can generally estimate a 3-4 week lead time for most domestic orders, well under the industry standard.

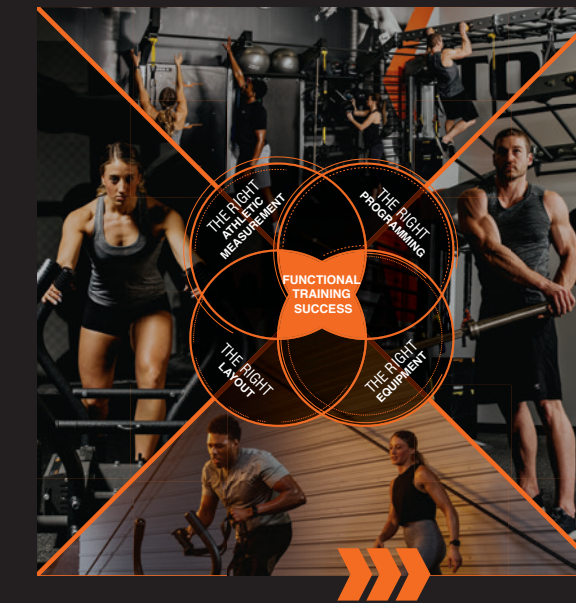


TORQUE FUSION™

Torque Fusion™ is the Four Key Elements that create Functional Training success for commercial fitness facilities. From decades of experience in the fitness industry and as one of the pioneers in Functional Training, we know that Functional Training success goes far beyond just having the right equipment. That is why it is our mission to deliver the Four Key Elements of Functional Training to every club owner.



The Four Key Elements Of Functional Training Success



THE RIGHT EQUIPMENT

Are you providing the right mix of equipment for your customer base and desired training style? Our expert staff helps our customers determine the product for their club that will save them the most space and money while providing the training options that their members want.

THE RIGHT LAYOUT

Our in-house design services ensure that the overall layout of our customer’s facility is as intuitive as the equipment it houses. Whether you’re starting a new club or are looking to refresh your current space, our X-Design Team will create the most functional space possible for your needs and wants.

THE RIGHT PROGRAMMING

Torque equipment works effortlessly with Alloy, an industry leader at delivering both group and personal training to clubs, creating a seamless solution to programming for your facility.

THE RIGHT ATHLETIC MEASUREMENT

Built and designed for the fitness industry, MyZone was created to turn your club into a socially connected hub while providing accurate data that your members can trust. Bundle your MyZone purchase with our Functional Training equipment for the complete solution for your facility.

What does it really take to create the ultimate Functional Training experience for your members?



X-Create bridge and wall-lining systems shown



X-CREATE

COMPLETE ACCESSORY STORAGE

From stability balls, kettle bells, suspension training, and more, the X-Create was made specifically to house all group functional training accessories that previously had nowhere to live in a club.

MAXIMIZE FLOOR SPACE

The X-Create was designed to fit in a sleek manner against walls with its stable 3 foot base in order to up the floor for more training, instead of storing. Bolted to the ground, the X-Create is also sturdy enough to train on.

ENDLESS TRAINING OPTIONS

X-Create is the ideal system for facilities looking to not only house and organize their accessories, but also deliver a variety of training options. With over twenty attachments to choose from, the possibilities are endless.



A SYSTEM FOR EVERY CLUB

The X-Create is available as a center, wall, or bridge space configuration. Whether you are looking to train up to 20 people or simply store accessories, there is an X-Create system for your facility.



Wall



Bridge



Center



» RIGS AND RACKS

MERGE FUNCTIONAL AND STRENGTH

X-Racks are hardcore systems meant for both Functional and Olympic lifting. X-Racks can be used as a cost-effective solution for suspension training, a replacement for Olympic Benches, a small group training system with a variety of stations, or anything you can dream up.

COMPLETELY CUSTOMIZABLE

X-Rack is a feature packed rack system designed from the ground up to offer customization to meet the needs of modern training facilities.

Custom heights, lengths, depths, colors and accessories offer an almost limitless number of options for your training space.

NON MOUNT OPTIONS

Get the limitless customization of an X-Rack with lower frame supports and frame gussets to create one totally functional, free-standing system that isn't required to be bolted to the floor.



GO FROM SIMPLE HALF CAGE TO FULL POWER CAGE

Plus finish off your system with our commercial grade mats/inserts and bars and plates.



»» ACCESSORIES

Complete your facility with commercial grade functional accessories.



PREMIUM ACCESSORIES FOR ULTIMATE GROUP FUNCTIONAL TRAINING



*Accessories so durable
they stand up to our tag line,
Don't Quit. Ever.*

*From ease of purchase to details
in design that keep users coming
back for the next workout, we
have carefully designed our
accessories to be the ultimate
commercial grade solution.*



FREE WEIGHTS

Torque's rubber hex head dumbbells have fully welded, sand-blasted cast heads that are available in weights ranging from 5lb/2.3kg up to 100lb/45.4kg. Each dumbbell has Imperial and Metric markings that denote the weight in Pounds and Kilograms.



6 FOOT UNIVERSAL STORAGE RACK

The 6 foot Universal Storage Rack is a versatile rack to hold anything you need. Included are three 6' accessory trays that can be mounted flat to hold medicine balls, wall balls, kettlebells, or angled to support hex head dumbbells. Multiple holes are included in the 3" x 2" 11 gauge frame making the adjustable and multiple racks can be attached together.



PLYO BOXES



TRIPLEPLYO™

The perfect tool for plyometric training and an instant space saver. This innovative plyo box lets you exercise at varying heights, without investing in multiple plyo boxes, for the exact workout experience you've been after.

The dense foam provides a safe padded surface to jump on, and the unique grabber material makes your feet stick on every jump so you can increase your reps without fear of falling. At 55 lbs., the box stays put, which is not common amongst adjustable plyo boxes. Comprised of heavy-duty UV stabilized mildew-resistant vinyl, a dense foam core, and made in the USA, the TRIPLEPLYO™ is built to last.



PLYOSTACK

With a combined weight of over 190 lbs, these stackable plyo boxes are as stable as they come. Each 28" x 28" box includes unique grabber material making your feet stick on every landing. On our newest version of the PlyoStack, we've expanded the grabber material on the top in order to cover the entire surface and we have now also covered the bottom of each box in the same grabber material so your plyo box will not slide on whatever surface you choose to use it on.



THE ULTIMATE TRAINING EXPERIENCE

Imagine a workout so dynamic that it leaves users completely exhausted, pushed to limits they didn't believe they could reach, yet simultaneously feeling like they want more. That's exactly what happened when the TANK hit the market. First in the line of the All Surface Sled category, the TANK M2 by Torque Fitness transformed people and fitness environments. Now, thanks to consumer feedback, testing, innovation and engineering, the next evolution of the All Surface Sled is here—the TANK M4. True to the original TANK's genius using Torque's Mag-Force Resistance™, the faster you push it, the harder it gets, and the training benefits are limitless.



BUILD SPEED

Thanks to TANK's Power Curve, the faster you push it, the harder it goes. When athletes train in TANK's lowest resistance, they enhance their speed.



FULL BODY WORKOUT

A TANK workout requires athletes to engage all areas of their bodies, creating efficient and effective aerobic and strength exercises.



INCREASE EXPLOSIVE POWER

In resistance zone three, the lower body is challenged in a way no other equipment can, providing power and explosiveness for any breed of athlete.



PREVENT INJURY

By ramping up to explosive functional power through TANK's gradual progression, athletes gain the physical benefits without the stress and strain of traditional training.



ENHANCE ACCELERATION

When training in resistance zone two, athletes build acceleration by increasing their launching power and stride frequency.



EXTREME INTERVAL TRAINING

By adjusting the lever to varying intensities, users can perform bursts of acceleration and speed, varying the intensity in different runs or within the same run.



The TANK from Torque Fitness is by far the most devastating piece of conditioning equipment I've ever run into in my life.

– Mark Bell, Owner of Super Training Gym



TANK[®]M4

DESIGNED FOR OPTIMAL GROUP TRAINING



GENTLE ON ANY SURFACE

Because TANK's wheels are gentle on any surface, a TANK workout can happen anywhere—inside the gym, in the hallways of your facility, outside on the field, or in the parking lot.

DESIGNED FOR PLAYER SAFETY

We know player safety and injury prevention are top of mind for trainers and coaches. That is why TANK is designed so that resistance can be decreased instantly during a run to a safer level, as needed.

ENDLESS TRAINING POSSIBILITIES

Use the tow hooks for rope pulls, pulling, sprint training, and more. Resistance is supplied in both directions eliminating the need to turn the TANK around. This narrows the amount of space needed for your "TANK ZONE."

A PORTABLE TRAINING SPACE

TANK's optional XGAS—Group Anchor Station—holds weights and accessories to move a complete workout to any location, both indoors and out. The XGAS detaches to become a group anchor station for battle ropes, resistance bands, and other functional training accessories.*



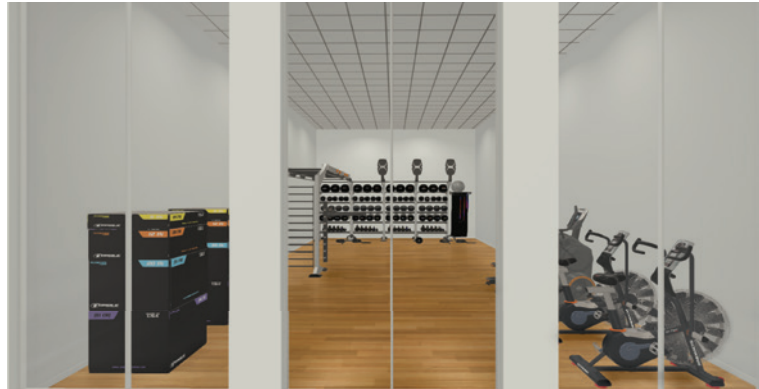
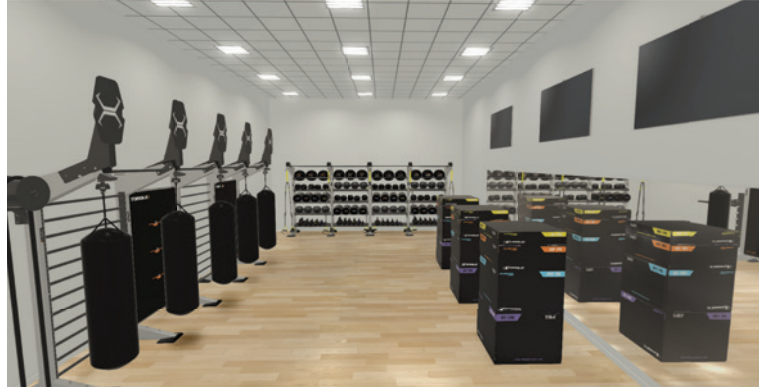
*The XGAS requires the optional weight horn kit for the M4 tank



GET STARTED ON YOUR FREE FUNCTIONAL TRAINING CONSULTATION

Our team is ready
to help you create
your ultimate group
training experience!

Email us today to get started for free.



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TORQUE
USA